



August 2024

Weekly Perpetual Commemorations
Remembered on Sunday and the Weekday as Noted

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
HAYDUK, John & Anna PERI, John & Anna PACZAK, John & Katherine, Anna, Mary, Michael, Walter, Simon, Ann, Catherine & John Jr. TKACH, Msgr. Paul & Pani Helen	28 9:00 AM: Liturgy <i>Panachida: +Stella Cherepko, by Joann, Donald and Kevin Yasnowsky</i>	29	30 Apostle Silas of the 70 9:00 AM: Liturgy <i>With Weekly Perpetual Commemorations</i>	31	1 Dormition Fast Begins 9:00 AM: Liturgy Blessing of Water <i>With Prayers for the Living</i> Blood Drive: 12-5:30 PM	2 6:00 PM: Moleben to the Mother of God <i>With Prayers for the Living</i>	3
	4 9:00 AM: Liturgy	5 6:00 PM: Vespers for Transfiguration <i>With Prayers for the Living</i>	6 TRANSFIGURATION OF CHRIST (Holyday) 9:00 AM: Liturgy <i>Blessing of Fruit</i>	7	8	9	10
PACINDA, Joseph GELETY, Andrew & Anna JAEGER, Joseph	11 9:00 AM: Liturgy <i>Second Blessing and Distribution of Grapes</i>	12 5:15 PM: Moleben to the Mother of God <i>With Prayers for the Living</i> 6:00 PM: Board Meeting	13 Leavetaking of the Transfiguration 9:00 AM: Liturgy <i>Weekly Perpetual Comm. AND Special Intention of Fr. David's Family, Friends & Parishioners on 13th Ordination Anniversary</i>	14 Eve of Dormition 6:00 PM: Vespers for Dormition <i>With Prayers for the Living and Burial Procession of the Mother of God</i>	15 DORMITION OF THE MOTHER OF GOD (Holyday) 9:00 AM: Liturgy <i>Blessing of Flowers and Herbs</i>	16	17 Golf Scramble & Dinner
HROMYAK, John Sr., Mary, John Jr., Irene & Linda, Helen, Michael, Andrew, Mary Jane Sernik, George, Helen, John Kolbrich BLANAR, Steve, Anna, Peter RISTVEY Family: Michael, Anna, John, Stephanie, Steve, Ann, Stevie, Joseph, Nicholas, George, Mary, Susan, Ann, John, Susan & Kanishak Family: Andrew, Evelyn, Dorothy	18 9:00 AM: Liturgy Blessing of Students	19	20 Post-Feast of Dormition St. Stephen of Hungary 9:00 AM: Liturgy <i>With Weekly Perpetual Commemorations</i>	21	22	23	24
HOUK, Braden, Cameron	25 9:00 AM: Liturgy <i>Panachida: +Tom Doyle, By David & Donna (Doyle) Sotak</i>	26	27 9:00 AM: Parastas <i>+John & +Irene Lutz By Robert, Kathryn & David</i>	28 6:00 PM: Vespers for the Holyday	29 BEHEADING OF ST. JOHN THE BAPTIST (Strict Fast Holyday) 9:00 AM: Liturgy <i>With Weekly Perpetual Commemorations</i>	30	31

Your Dormition Fast 2024 “Check List”

*In preparation for the most important holyday of the Mother of God—her **Dormition** (Falling Asleep)—on August 15th, the Church invites us to fast and pray **from August 1 to August 14**. These two weeks can be a beautiful faith-filled time. The holyday of the Transfiguration of Christ also falls during the period on August 6. Take a moment to think about your personal observance of this holy season!*

Fast

The traditional fast for these two weeks is to give up meat and dairy products. Fasting is not meant to be a straight-jacket, so do what you are able given your life situation. If you are frequently negligent in the *weekly* fast days of Wednesdays and Fridays, start there—but the minimum does not have to be the maximum. Strive to increase your fasting in some fashion throughout these two weeks. With that in mind...

Strict Fast on August 14

Fr. David is inviting everyone to make a special effort to observe the eve of Dormition as a strict fast day, without eating any meat or dairy. Offer this (and all fasting this season) for the welfare of our country and for peace in the world.

Pray Daily

If you already pray every day, keep it up! If not, commit to praying daily for the next two weeks. Open your prayer book, or pick up a “Daily Prayers for Orthodox Christians” sheet from the back of church.

Offer a Prayer to the Mother of God Every Day

Take a moment to ask for the intercessions of the Ever-Virgin Mary every day. Say the Angelic Salutation “Hail Mary...” or another prayer like “You are truly deserving...” from Liturgy. (You can find them in your prayer book!) You can also use the adapted “Prayer Rule of the Mother of God” by St. Seraphim of Sarov; sheets of this are available in the back of church.

Place an Icon of the Mother of God in Your Home

Put it in a prominent place. Decorate it with flowers. Light a candle there when you say your prayers. Make it a focal point of devotion.

Submit a Prayer List

We will again be offering prayers for the living at a number of services this Dormition Fast. Write up a list and bring it to church. Please only include first names and avoid nicknames. (For example, write “Nicholas” not “Nick” or “Nicky”, etc.)

Come to At Least One Extra Service

We have several weekday services. Let’s fill our church with prayer!

Plan to Attend Dormition Services

We have two services for the Dormition: Vespers on August 14 at 6:00 PM and Divine Liturgy on August 15 at 9:00 AM. Come to both services if possible. If not, come to one. Either way, as Orthodox Christians, we need to make *every effort* to celebrate the Dormition.

Go to Confession

If you haven’t been to Confession in a while, the Dormition Fast is the perfect time to go! Fr. David will be hearing Confessions 30 minutes before evening services; before Liturgy on Sundays (but no later than 8:45 AM); and by appointment.

FEAST on August 15

We also call holydays “feast days” because they are meant to be days of feasting and celebration. The Dormition is a GREAT Feast, meaning it is supposed to be celebrated with greater intensity. So CELEBRATE it with a nice meal at home, or go out to eat. Have a glass of wine. Order the steak. Do something to extend the joy and festivity of this Marian holyday into your home and family life!

